



Guided Hikes & Walks

Join our Naturalist on Guided Hikes to explore the stunning Bald Knob Trail, Lake Loop Trail, or Lakebed Trail. For those seeking a unique exploration, adventure on a guided walk of The Lakebed or Salt Lick Trail, where you'll discover fascinating insights into the local ecosystem.

Nature Crafts

Unleash your creativity while connecting with nature at one of our Nature Craft Sessions! Join in on the fun and create your very own Pinecone Bird Feeders or build a unique Birdhouse to bring home. It doesn't matter if you're young or old, everyone is welcome to participate in these fun-filled activities.

Bird-watching

Explore the wonders of bird watching with our Naturalist at our Bird Sanctuary. This area is home to a variety of high-elevation bird species, including the Northern Saw-whet Owl, Yellow-bellied Sapsucker, Blue-headed Vireo, and more. Don't miss the chance to spot rare birds like the Northern Goshawk and enjoy the beauty of nature.

Astronomy

Immerse yourself in the wonders of the universe with our Astronomy Sessions. Join us every month during the Spring and Summer for an unforgettable experience of star-gazing and learning about astronomy. Located in the breathtaking setting of Mountain Lake, you'll have the perfect backdrop to explore the mysteries of the cosmos. Don't miss out on this unique opportunity to deepen your understanding of the universe and create lasting memories.



Presentations

Discover the fascinating world of Reptiles/Amphibians at Mountain Lake when you attend one of our engaging presentations or uncover the mysteries of Mountain Lake during one of our Naturalist Talks. These family-friendly events are perfect for everyone who wants to learn more about the wonders of nature.



Weekly Schedule

Tuesday	10:00 am	Guided Hike: Bald Knob Trail
	1:30 pm	Nature Craft: Pinecone Bird Feeders
	3:00 pm	Guided Nature Walk: The Lakebed
Wednesday	10:00 am	Guided Nature Walk: Lake Loop Trail
	1:00 pm	Naturalist Presentation: Reptiles/Amphibians of Mountain Lake
	3:00 pm	Guided Nature Walk: The Lakebed
Thursday	10:00 am	Guided Nature Walk: Salt Lick Trail
	12:00 pm	Nature Craft: Pinecone Bird Feeders
	1:30 pm	Naturalist Talk: All About the Lake
	3:00 pm	Guided Nature Walk: The Lakebed
Friday	10:00 am	Birdwatching: Lower Jungle Trail
	12:30 pm	Naturalist Presentation: Reptiles/Amphibians of Mountain Lake
	2:00 pm	Guided Hike: Lakebed Trail
	3:30 pm	Nature Craft: Pinecone Bird Feeders
Saturday	9:00 am	Guided Nature Walk: The Lakebed
	11:00 am	Nature Craft: Birdhouses
	1:00 pm	Guided Hike: Bald Knob Trail
	3:15 pm	Naturalist Presentation: Reptiles/Amphibians of Mountain Lake