

HARVEST

Celebrate the best flavors of the Southwest Virginia Region! We respect the agricultural heritage of our area. Special thanks to our farmer friends: Leaping Water Farm, Dodd's Acres Farm Produce, Woods Hole Hostel Heritage Hogs, Mountain View Farm, Foods for Thought, and Good Food-Good People for providing fresh and local ingredients. Our menu changes with each season to deliver simply prepared natural and delicious flavors.

Signature Breakfast Dishes

EVERYTHING & MORE AVOCADO TOAST	\$8.00
Avocado Mash Organic Sprouted Whole Grain Bread Feta Cheese Fried Egg	
EGGS BENEDICT OF THE DAY ■	\$9.00
Sunny Side Up Eggs Varies Daily Hollandaise	
APPALACHIAN COUNTRY BREAKFAST ◆	\$14.00
Two eggs Your Way Locally Sourced Bacon, Sausage, or Ham Fried Potatoes Byrds Mill Grits	
STEAK & EGGS ■	\$14.00
Virginia 6 oz. Sirloin Two Eggs Your Way Byrds Mill Cheese Grits (Cheddar or Bleu Cheese)	
THREE EGG OMELETTE ◆	\$12.00
Choose any three ingredients: Virginia Bacon, Ham, or Sausage Cheese Red Peppers Spinach Tomato	
SOUTHERN STYLE BUTTERMILK GRIDDLE CAKES	\$9.00
Butter Maple Syrup	
BREAKFAST BURRITO ■	\$12.00
Egg Virginia Bacon Virginia Sausage Cheese Potatoes Salsa	

◆Gluten Free

■Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

Cast Iron Skillet French Toast

BRIOCHE BREAD	\$10.00
Brioche Bread Egg Custard Fresh Berries Maple Syrup	

À La Carte

EGG ANY STYLE ◆	\$2.50
Scrambled Over Easy/Hard Sunny Side Up Soft/Hard Boiled	
BISCUIT & SAUSAGE GRAVY	\$2.50
VIRGINIA BACON OR SAUSAGE ◆	\$5.00
OATMEAL ◆	\$3.00
Milk or Coconut Milk	
GOODNIGHT BROTHERS COUNTRY HAM ◆	\$3.00
SLICED FRUIT ◆	\$2.50
GRITS ◆	\$3.00
Choice of Cheese	
YOGURT ◆	\$3.00
FRIED POTATOES	\$2.50