

# HARVEST

Celebrate the best flavors of the Southwest Virginia Region! We respect the agricultural heritage of our area. Special thanks to our farmer friends: Leaping Water Farm, Dodd's Acres Farm Produce, Woods Hole Hostel Heritage Hogs, Mountain View Farm, Foods for Thought, and Good Food-Good People for providing fresh and local ingredients. Our menu changes with each season to deliver simply prepared natural and delicious flavors.

## Signature Breakfast Dishes

<b>EVERYTHING &amp; MORE AVOCADO TOAST</b> Avocado Mash   Organic Sprouted Whole Grain Bread   Feta Cheese   Fried Egg	\$8.00
<b>EGGS BENEDICT OF THE DAY</b> Sunny Side Up Eggs   Varies Daily   Hollandaise	\$9.00
<b>APPALACHIAN COUNTRY BREAKFAST*</b> Two eggs Your Way   Locally Sourced Bacon, Sausage, or Ham Tri-Colored "House" Fried Potatoes   Byrds Mill Grits	\$14.00
<b>STEAK &amp; EGGS*</b> Virginia 6 oz. Sirloin   Two Eggs Your Way Byrds Mill Cheese Grits (Cheddar or Bleu Cheese)	\$14.00
<b>THREE EGG OMELETTE*</b> Choose any three ingredients: Virginia Bacon, Ham, or Sausage   Cheese   Red Peppers   Spinach   Tomato Smoked Salmon - \$3.00	\$12.00
<b>SOUTHERN STYLE BUTTERMILK GRIDDLE CAKES</b> Butter   Maple Syrup	\$9.00
<b>BREAKFAST BURRITO</b> Egg   Virginia Bacon   Virginia Sausage   Cheese   Potatoes   Salsa	\$12.00
<b> Cast Iron Skillet French Toast</b>	
<b>BRIOCHE BREAD</b> Brioche Bread   Egg Custard   Fresh Berries   Maple Syrup	\$10.00
<b>ALMOND CROISSANT</b> Almond Croissant   Egg Custard   Almond Syrup	\$11.00

## Mountain Continental Breakfast

A vast array of savory and sweet options including: pastries, muffins, bagels, fresh sliced seasonal fruit, yogurts, hot and cold cereals, meats and cheeses. Dress your breakfast food choices with jams, jellies, honey and fruit spreads.

<b>ADULTS</b>	\$13.95
<b>CHILDREN</b>	\$7.95

## À La Carte

<b>EGG ANY STYLE*</b> Scrambled   Over Easy/Hard   Sunny Side Up   Soft/Hard Boiled	\$2.50
<b>BISCUIT &amp; SAUSAGE GRAVY</b>	\$2.50
<b>VIRGINIA BACON OR SAUSAGE*</b>	\$3.00
<b>TURKEY BACON*</b>	\$3.00
<b>OATMEAL*</b> Milk or Coconut Milk   Chia Pudding Alternative	\$3.00
<b>GOODNIGHT BROTHERS COUNTRY HAM*</b> Red Eye Gravy	\$3.00
<b>SLICED FRUIT*</b>	\$2.50
<b>GRITS*</b> Choice of Cheese	\$3.00
<b>YOGURT*</b>	\$3.00
<b>FRIED TRI-COLORED POTATOES</b>	\$2.50

**\*Gluten Free**